



# News Sheet



www.swantonabbot.norfolk.sch.uk | office-swantonabbot@coastaltogether.co.uk  
01692 538246

Executive Head | Simon Wakeman | exehead@coastaltogether.co.uk

No.01  
Autumn  
Term



08.09.23

## Inspiring Creative Learners

### Doves Class

Wow what an amazing start to the new term! Years 1 and 2 have come back ready to learn and have already been pushing themselves in maths and R.E.

We have also been talking a lot about how we learn and even met our new JONK (Joy of not knowing) characters.

Reception have settled in as if they have always been here. Smiling, playing and enjoying making new friends.

Next week we will be sending home the first reading books so don't forget to check book bags please!



## Owls Class

What an amazing start to the new school year from Owls Class! We have been super impressed with how well the children have presented themselves in all aspects of school life.

We have been trying our hardest to incorporate the JONK learning characteristics in everything we do. (Ask your child if they can remember what JONK means!)



The highlight of the week was swimming. The children were a little nervous but we are so proud of them because they all participated to their fullest. What a super way to demonstrate the importance of being resilient!



Keep an eye on your child's dojo points - they have been collecting them already. We have chosen our own rewards for climbing the dojo ladder!

## Merlin class

It has been lovely welcoming the children back into school and into our brand new classroom. There have been some seriously big smiles facing us this week from the minute they arrive and that is a fantastic way to start the new school year. The children have been learning about and trying all the new things that are being introduced in class this year and have approached it with a fantastic attitude which is a joy to



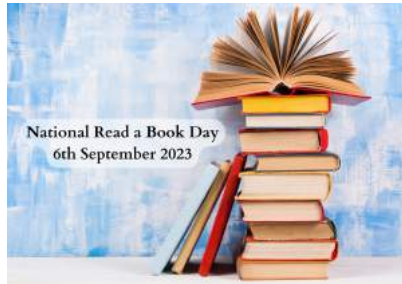
see.

We have been especially busy sorting out the library books as the library is being given a new lease of life for the children to use this year, so we lent a hand and have been sorting through the hundreds of books in order to freshen up the catalogue. We came across some interesting finds!



## Mental Wellbeing

During the year we will be raising awareness of mental wellbeing and celebrating awareness days. This week it was



National Read a Book Day on Wednesday. What book have you read this week with your child/ren? Next week includes Roald Dahl Day so maybe share a book this weekend on



Roald Dahl then the children can share their favourite character.

The day I am most looking forward to is National Doodle Day, a day to embrace doodling. What is your favourite doodle?



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, tips and tips for adults.

# BACK TO SCHOOL

## Online Safety Tips for Children

Wow, it's September already! The month when autumn officially starts and ... oh yeah, the beginning of a new school year. Every cloud has a silver lining though! Another term means new friends to make, different stuff to learn, fresh online trends to jump on and exciting new games to play on your phone, computer or console. We've compiled a list of our top tips to ensure that - whether you're going online to chat, research things or just have fun - you can do it safely.

### Be cautious with your profile

Be careful not to give out too much info on your social media or gaming profiles. Details like your full name, address or school's name could all help strangers to actually find you offline. A trusted adult can help you make your profiles private - so only your family and actual friends can contact you.

### Lock your devices

Taking your phone or tablet to school? Turn password protection on. It keeps your private info safe and stops anyone accessing your device without permission. Passwords should be memorable to you - but difficult for anyone else to guess. Get a trusted adult to write it down in case you forget it!

### Be smart with screen time

Too much screen time, especially just before bed, can affect your quality of sleep. Losing sleep, or not sleeping well enough, messes with your concentration and energy levels. Try muting notifications so you don't get pinged late at night; you'll feel fresher and more focused the next day.

### Know how to deal with bullies

Sadly there are people online who enjoy picking on other users. If you ever feel like you're being bullied online - by anyone, not just someone from school - talk to a trusted adult about it. Together, you can discuss possible steps, such as blocking or reporting the person who's targeting you.

### Manage online relationships wisely

Most people in a relationship chat to their partner online. Just be mindful that once you send a pic or message (even if it's private), you no longer control who else might see it. Messaging someone you've never actually met - and who might not be who they say - is definitely best avoided.

### React well to inappropriate content

When you're researching something online, there's always a chance of finding content that makes you feel uncomfortable or upset. If this happens, you can report it as inappropriate and (hopefully) get it taken down. Tell a trusted adult what happened; they'll help you decide what to do next.

### Report offensive in-game chat

If you game online with your mates, you'll know things can get competitive and heated on the in-game chat. Playing against people you don't know (especially if they're older) raises the risk of offensive comments and even threats. Our advice? Find out how to block or mute those bad losers.

### Learn to spot fake news

If you're looking into a topic for homework or a project, be careful not to get taken in by fake news: content that's deliberately created to mislead people. Check the story with credible sources, like the BBC or Sky News. Trust your instincts, too - if it seems too unbelievable to be true, it's probably fake.

### Keep it 'real' with online friends

Everyone enjoys adding friends and followers on social media. It's important, though, that the people you interact with online really are your friends. If they're just random people you've connected with to increase your contacts, you don't know if they could be trolls or bullies (or worse).

### Report offensive in-game chat

If you game online with your mates, you'll know things can get competitive and heated on the in-game chat. Playing against people you don't know (especially if they're older) raises the risk of offensive comments and even threats. Our advice? Find out how to block or mute those bad losers.

# Attendance/Safeguarding

Attendance target set by the government = 96.5%

Current updated Swanton Abbott Primary School attendance this year to date 96.31%

Dove class attendance: 100% Owl class attendance 93.33% Merlin Class attendance 94.81%

The class with the highest attendance this week was Dove Class achieving 100%

**Amazing - Well Done Dove Class!**

## News and Reminders

### PE Days

On the day your child has PE please ensure they come to school wearing their PE kit. If they are taking part in a sports club (and it is not their PE day) they can come to school in their PE kit so they are appropriately dressed for the after school club.

Dove Class - Years R, 1 and 2	Tuesday
Owl Class - Years 3 and 4	Swimming during the autumn term. Please come to school in uniform unless you are attending after school sports club
Merlin Class - Years 5 and 6	Thursday

## Dates for the Diary

Date	Time	Event
14/09/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
14/09/2023	3:15-4:15	After School Sports Club starts - delivered by Premier Sport. New consent form required (letter to be issued)
21/09/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
21/09/2023	3:15-4:15	After School Sports Club - Premier Sports - Ball Skills
27/09/2023	2:00-3:15	<b>Macmillan Story Cafe - Parents and Carers invited to join us for this event</b>
28/09/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
28/09/2023	3:15-4:15	After School Sports Club - Premier Sports - Ball Skills
05/10/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
05/10/2023	3:15-4:15	After School Sports Club - Premier Sports - Ball Skills
Wc 09/10/2023	By appointment	Open week for September 2024 new Reception intake
12/10/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
12/10/2023	3:15-4:15	After School Sports Club - Premier Sports - Ball Skills
18/10/2023	TBC	Whole School Harvest Festival - provisional

19/10/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
19/10/2023	3:15-4:15	After School Sports Club - Premier Sports - Ball Skills
19/10/2023	3:15	Break up for October Half Term Holiday
30/10/2023	8:55	Return to school from October Half Term Holiday
02/11/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
09/11/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
16/11/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
23/11/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
30/11/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
07/12/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre
14/12/2023	1:00-3:00	Year 3 and 4 swimming lessons at Victory Leisure Centre

### See below for term dates:

## Term Dates

**All in-term holiday requests will be classed as unauthorised absences. This will likely result in a fixed penalty notice being issued from Norfolk County Council.**

**In Norfolk, penalty notices are issued in accordance with the Norfolk Local Protocol. In all cases a penalty notice can only be issued if the pupil has accrued at least 9 sessions (4.5 school days) of unauthorised absence within the previous 6 school weeks. This would result in a fine of £60 per child per parent ie; for a family with 2 children this would total £240**

**The link below has more information about fixed penalty notices.**  
[Fixed Penalty Notices](#)



You're invited to join us on  
**Wednesday 27th September 2023**  
**2pm - 3:15pm**

For 'Macmillan Coffee Morning' (or afternoon in our case)

### **Macmillan Coffee Morning Story Cafe**

If you're free, why not join us for our Macmillan coffee afternoon story cafe on Wednesday 27th September 2pm to 3:15pm? There will be a shared story, a chance for you to work alongside your child/ren in and out of the classroom before parents and carers return to the hall for the opportunity to purchase cakes, biscuits and drink. If you are unable to join us but your child would like to buy a cake, an adult from our school will take them to the hall. All funds raised will be going to Macmillan Cancer. To support the event please send any **cake or biscuit donations** to the school office on Tuesday 26th or Wednesday 27th September. Thank you for your anticipated support with this deserving charity.